

Hours

Monday - 10:00 am - 6:00 pm

Tuesday & Friday - 9:00 am - 7:00 pm

Wednesday & Thursday - 9:00 am - 8:00 pm

Saturday - 9:00 am - 4:00 pm

Visa • Mastercard

Debit Card • Personal Checks

Day Spa packages designed especially for you

Gift Certificates for all occasions

Gift Certificates may not be redeemed for cash.

They must be redeemed at salon where purchased.

Expire 1 year from purchase date. Prices will be honored for 1 year from purchase date.

No cash refunds on products, store credit only.

You must present receipt to receive store credit.

Cancellations

Should you need to cancel your appointment, twenty-four hours notice is appreciated. A forty-eight hour notice is required to cancel full and half day spa services.

Renaissance Day Spa is committed to a peaceful and relaxing atmosphere while you are with us. We therefore respectfully request that you not bring children under 13 to the Spa.

Thank you for your consideration.

Prices listed are subject to change without notice.

renaissance SALON & spa

5211 Buckeystown Pike,
Frederick, Maryland 21704

301-682-3313
301-682-3315 fax

www.rendayspa.com



A very special experience begins as you enter our uniquely elegant Salon & Spa where a complete line of beauty and spa services await you. Let the world go for an hour or the entire day as you rest and rejuvenate. You've earned it!

Only the finest in customer service is offered at Renaissance, where a well-trained professional staff strives for perfection every single day. The atmosphere is always welcoming and friendly whether you are enjoying your personalized manicure, custom hair style or renewing your spirit in the serene environment of our Spa. At Renaissance you're always the center of attention.

We combine classic European traditions with state-of-the-art technology. Our services offer complete body grooming with your comfort and satisfaction as our top priority. We are waiting for you. Relax and renew at Renaissance.

6. ***Is there a changing area and a place for my personal items?***
Renaissance Day Spa features private locker facilities for men and women. However, we are not responsible for lost or stolen items. We recommend you not wear jewelry.
7. ***Is nudity an issue?***
No. During massage therapy, only the area of the body being massaged is exposed. The rest of the body is draped. Your sense of comfort is very important to us. Robes, gowns, and slippers are provided. When receiving a body treatment, you may bring an old bathing suit.
8. ***Can hair removal services be combined with the spa treatment?***
Yes, but please inform the receptionist so that she may schedule the time and sequence of these services.
9. ***What about tipping?***
Gratuities are not included in the treatment price unless specified. Gratuities range from 15% to 20% of the service price and are fully discretionary.
10. ***Why is it important that I not change spa services when I arrive for my scheduled appointment?***
Your day has been carefully planned. The various technician's time has been reserved especially for you!
11. ***May I receive additional services while I am in the spa or salon?***
Yes. We have a large staff waiting to accommodate you, but please let us know as soon as you decide, so we can check availability.

*We hope that we have answered some of your questions.
If not, please give us a call.
We're waiting to pamper you!*

What is a day spa?

As life becomes more hectic, Renaissance Day Spa is an oasis for refreshing and rejuvenating. Today's men and women are looking for touch, rest, and relief from stress. An improvement of health and well-being in a limited amount of time. Remember, time taken to recharge is not a self-indulgent luxury. It is a necessary tool that can help safeguard your greatest treasure - your health. We are waiting for you. Relax and Renew at Renaissance.

Everything You Wanted to Know About a Spa But Were Afraid to Ask...

1. Why do I need to fill out a questionnaire?

It's important for the esthetician/massage therapist to be aware of any existing health problems or medications so they may personalize your spa experience without conflict.

2. Should I avoid having spa treatments if I am pregnant?

No, a spa experience may just be what you need. We do recommend that you avoid treatments using deep pressure, certain aromatherapy oil, and treatments involving heat.

3. When should I arrive for my appointment?

30 minutes prior to your appointment. This extra time allows you to change and fully experience your spa treatment.

4. What is the procedure if I must cancel an appointment?

A 48 hour notice must be given to cancel spa appointments. Spa services are provided by sought after professional aestheticians and massage therapists. This notice will allow us to fill the reserved time. A guaranteed spa appointment requires a 50% deposit.

5. What should be my expectations for my spa visit?

From the moment you walk in, your stress level will subside. Visualize a fluffy robe, slippers, soothing music, soft lighting and a superior staff. The ultimate in pampering and quality services. A Renaissance Day Spa experience. To preserve the spa's tranquility and to maintain peace and quiet at all times, we respectfully request that you leave all cell phones and pagers off.

Gift Packages

The Renaissance Signature Day

\$387.00

Your Signature day will include a Renaissance Signature Facial, Renaissance Signature Hot Stone Massage, Renaissance Signature Spa manicure, Renaissance Signature Spa pedicure, Renaissance Signature body treatment, hair style, gourmet lunch and a special take-home gift. Your day will be approximately 7 hours.

Renaissance Ultimate Experience

\$374.00

Enjoy hours of pampering which will include a deep tissue massage, a body polish with Vichy shower, an anti-aging facial, a manicure, the Renaissance Signature Spa pedicure, hair style, a gourmet lunch and a take-home gift. Your day will be approximately 6 hours.

Day of Bliss

\$357.00

Your special day will include a very unique Hot Stone body massage, an anti-aging facial, our Renaissance Signature Spa manicure, the Renaissance Signature Spa pedicure, a hair style, make-up application, a gourmet lunch and a special take-home gift. Your day will be approximately 6 1/2 hours.

Couples Delight - Rekindle the Magic

\$320.00

To celebrate any occasion, you will enjoy a Swedish massage, a manicure, paraffin hand treatment, a supreme pedicure and a light lunch. Your special day together will be approximately 3 1/2 hours.

Day of Elegance

\$265.00

Treat yourself to this special day which will include an aromatherapy massage, a facial designed for your skin type, a manicure, paraffin hand treatment, a supreme pedicure, a hair style and a light lunch. Your day will be approximately 5 hours.

A Day at the Spa

\$251.00

A day of relaxation and pampering includes a Swedish massage, our Renaissance Signature facial designed for your skin type, a Renaissance Signature Spa manicure, a Renaissance Signature Spa pedicure and a light lunch. Your day will be approximately 5 1/2 hours.

Executive Retreat

\$153.00

Your day's retreat includes our Renaissance Signature facial designed for your skin type, a manicure, Supreme pedicure and light lunch. Your day will be approximately 3 1/2 hours.

The Getaway

\$153.00

Your relaxing getaway includes a Swedish aromatherapy massage, a manicure, Supreme pedicure, and a light lunch. Your day will be approximately 3 1/2 hours.

For an additional charge, Body Treatments with Vichy Shower may be added to any package.

At Renaissance we strive to provide the best possible beauty and spa service. Your day has been carefully planned. However, the technician you are scheduled with may have an emergency that would prevent him/her from performing the service. In this event, we will do our very best to reschedule your service with another available technician. If we are unable to accommodate you at the time of your appointment we will schedule you at your earliest convenience.

Please bring open-toe shoes

Gift Certificates may only be redeemed for services or merchandise

No cash refunds will be given

Gift Certificates are not transferable

They are only redeemable at location where purchased.

When visiting the spa, please do not wear or bring jewelry.

*Renaissance Salon and Spa is not responsible for any
lost or stolen items*

Day Spa parties for all occasions

The perfect way to spend a day with your friends or family. We are always delighted that you have chosen Renaissance to relax and rejuvenate your mind and body. We do it all for you.

Opportunities to rent our spa for the day are available for those memorable occasions. Ask us for details!

A 50% deposit is required to schedule your party. For cancellations and a full refund, a 72 hour notice is required.

Bridal Parties

The perfect way to say thank you to your bridesmaids and groomsmen. Bridal packages designed for your special occasion. A 50% deposit is required to schedule your party. For a full refund a 72 hour notice is required for cancellations.

Please ask about our complete bridal menu.

Chemical Relaxing

Prices begin at

Relaxing/Straightening

\$85.00

Bio-Ionic Japanese Retexturizing System

*The time and price for this procedure will be determined at your consultation,
prior to scheduling the service.*

Color

Prices begin at

European Color - Short Hair

\$55.00

European Color - Long Hair

\$65.00

(permanent/semi-permanent)

Highlighting

\$100.00

Bleach and Toner

\$100.00

Corrective Color

Approx. cost determined at time of consultation

Dimensional Color

Two Colors \$130.00

Three Colors \$150.00

Toner

\$30.00

Cellophane

\$25.00

Does not include a cut and style.

Children & Teens

Prices begin at

Age 1 to 12 years

\$20.00

(Shampoo, Hair Cut & Style)

Single French Braid

\$25.00

Two or More French Braids

\$30.00

(Braiding does not include shampoo or blow dry)

Especially For Men

Prices begin at

Beard / Mustache Trim

\$10.00

Back or Chest Waxing

\$55.00

Shoulders

\$30.00

Brow

\$17.00

Gentlemen's Sport Manicure

\$17.00

Gentlemen's Sport Pedicure

\$45.00

Hair

Prices begin at

Shampoo, Hair Cut & Style (Women)	\$40.00
Shampoo & Style (Short Hair)	\$25.00
Shampoo & Style (Long Hair)	\$30.00
Shampoo, Hair Cut Only (Women)	\$25.00
Shampoo, Hair Cut & Style (Men)	\$25.00
Bang Trim	\$10.00
Flat Iron Extra	\$15.00

Bridal

Prices begin at

Special Occasion Short Hair Styling (Short Hair is to the top of the shoulders)	\$35.00
Special Occasion Long Hair Styling	\$40.00
Updo/Formal Styling	\$75.00
Spiral Styling	\$100.00

*\$50.00 for each additional 30 minutes beyond 1 hour.

These styles require a 5 minute consultation with your stylist to determine the cost of your design.

Conditioners

Prices begin at

Deep Conditioning	\$15.00
Crystal Gel Treatment	\$15.00

Deep clarifying treatment that removes iron, lime, copper and chlorine.

Excellent for preparing your hair for a chemical service.

Permanent Waving

Prices begin at

Perm	\$125.00
Dimensional Perm	\$150.00

(Includes a cut and a complimentary style)

*Long hair beyond shoulders will be extra

Yon-Ka of Paris

Renaissance Signature Facial **\$75.00**

This treatment begins with an in-depth analysis of the skin, once the skin has been analyzed, your aesthetician will follow with deep pore cleansing, exfoliating treatment, soothing massage and an appropriate mask for your skin type. Hand and arm massage included. Approximately 55 minutes.

Anti-Aging Treatment

Skin Resurfacing Hydroxyacids Facial **\$85.00**

To reduce fine lines, hyper pigmentation and stimulate cell renewal. Approximately 60 minutes.

Problem Skin Treatment **\$85.00**

This treatment helps to clear and heal the various types and stages of acne; emphasis on healthy exfoliation, control over bacteria, infection and inflammation while maintaining proper skin hydration levels. Approximately 60 minutes.

Back Facial Treatments

Back Facial Treatment **\$85.00**

This treatment is our European Signature facial, which includes a deep pore cleansing, exfoliation and a gentle steaming of the back. Next, a stress relieving massage is followed by a mask that best suits your skin. Approximately 60 minutes.

Esthederm of Paris

Renaissance Signature Facial **\$75.00**

This treatment begins with an in-depth analysis of the skin. Once the skin has been analyzed, your aesthetician will follow with deep pore cleansing, exfoliating treatment, soothing massage and an appropriate mask for your skin type. Hand and arm massage included. Approximately 55 minutes.

Anti-Aging Treatments

Revitalizing and Firming Treatment **\$85.00-\$100.00**

Using a performance 100% extract, either spirulina, marine collagen, or aniomimetic, this treatment brings the skin back to life. The skin will be hydrated, regenerated and rebalanced. Approximately 70 minutes.

Time System Facial \$100.00

This newest generation of facial treatments is based on advanced research and "high-tech" technology for firming and smoothing skin that is showing signs of aging. Instantly your skin is lifted and perfected while fine lines and wrinkles are diminished. The skin's youthful resources are preserved and optimized. Approximately 60 minutes.

Whitening Facial Treatment \$145.00

This is a whitening and clarifying treatment that brightens the skin complexion. For problems with hyper pigmentation, uneven skin tone or for people that carry too much yellow tones in their skin. Using a patented blend of mulberry extracts. #1 in Asia. Approximately 1 hour and 30 minutes.

A La Carte

Bio-Lift Eye Patch Treatment (Esthederm) \$30.00

Can be added to any service including hair and nails. An immediate lift, tone and drainage effect of the eye contour.

Eye Contour - Specialized Treatment (Yonka) \$30.00

Highly specialized and effective eye contour therapy and massage techniques to alleviate many problems such as lines, puffiness and dark circles

Specialized Treatments

Ear Candling \$40.00

Spa Treatments

Spa body treatments are offered only at the Frederick and Hunt Valley locations.

Renaissance Signature Body Treatment

Rose Body Mud with Vichy Shower \$85.00

Allow your stress to melt away as your entire body is made silky and smooth. This remarkable mud body treatment penetrates the epidermis for maximum moisturizing, accelerates epidermal cell renewal, heals, protects and ensures renewal hydration. The ultimate treatment for dry, delicate skin. Approximately 55 minutes.

Nail Repair w/ tip \$7.50

Nail Repair w/out tip \$6.00

Fill-ins \$35.00

Fill-ins w/ French \$39.00

Soak off \$10.00

Pedicure

Renaissance Supreme Pedicure (45 minutes) \$45.00

Start by soaking your feet in a relaxing foot bath. Our highly trained experts will then pay special attention to callouses & cuticles. You will receive a foot massage; your nails will then be shaped and polished.

Choose any scented oil to add to your pedicure. \$5.00

Renaissance Signature Spa Pedicure (60 minutes) \$60.00

Using the latest spa foot care products, your feet will be exfoliated. We will then pay special attention to your callouses and cuticles. After a special mask is applied, your feet will then be wrapped in booties that will leave your feet feeling like silk. Finally, your nails will be shaped and polished.

Hot Stone Pedicure \$55.00

Treat your feet to this unique pedicure that uses harvested stones and an energy-balancing technique. This pedicure is not recommended for pregnant women or those with high blood pressure.

Gentlemen's Sport Pedicure \$45.00

Start by soaking your feet in a relaxing foot bath. Our highly trained experts will then pay special attention to callouses & cuticles. You will receive a foot massage.

Mini Maintenance Pedicure \$35.00

This 30 minute service is designed to keep your feet looking good between pedicure services. It provides busy individuals with a quick alternative for basic foot care. You will receive a relaxing foot soak while we pay special attention to cuticles. Your nails will then be buffed, shaped and polished. This pedicure is not recommended for clients who do not receive monthly pedicures.

French Polish add \$4.00

Please bring open-toe shoes.

Make-up

Make-up Lesson	\$60.00
Special Event Make-up	\$45.00

Natural Nail Care

Manicure	\$17.00
French Manicure	\$21.00
Renaissance Spa Manicure	\$30.00
<i>There's no better way to spoil yourself than with a well deserved Spa manicure. Rich and silky lotions, exfoliants, hand masks and arm and hand massage will leave your hands looking and feeling soft and smooth. Ah, total bliss. Approximately 45 minutes.</i>	
Polish Change (hands)	\$10.00
(toes)	\$12.00
Polish Change - French (hands)	\$14.00
(toes)	\$16.00
Nail Designs	\$2.00 per nail
Gentleman's Sport Manicure	\$17.00
Paraffin Hand Treatment	\$12.00

Artificial Nail Care

Tips w/ Overlay (acrylic)	\$65.00
Tips w/ Overlay (gel)	\$75.00
Overlay (acrylic)	\$55.00
Overlay (gel)	\$65.00

Thalassotherapy Seaweed Body Mask with Vichy Shower

\$85.00

Enjoy the warm and tranquilizing effects of a luxurious shoulder to toe seaweed body therapy. Purify, detoxify and rebalance your skin. Rejuvenate and revitalize yourself with this extraordinary nourishing and relaxing treatment. Approximately 55 minutes.

Micro-buff Body Polish and Vichy Shower

\$85.00

Pamper yourself with this treatment and your body will feel unbelievably smooth, sleek and radiant. Approximately 55 minutes.

Exfoli-Sea Salt Glow with Vichy Shower

\$85.00

Exfoliate, stimulate and invigorate your body with this extraordinary treatment - a heavenly approach to achieve softer, youthful skin. Approximately 55 minutes.

Massage

Rekindle the Magic

To celebrate any occasion, or to just spend quiet, relaxing time together, schedule your massage in our couple's room.

Swedish Relaxation Massage

\$70.00

This personal approach to massage, designed to meet your individual needs, is perfect for relieving tension and stress. Approximately 60 minutes.

Swedish Relaxation Massage 75 minutes.

\$85.00

Swedish Demi-Massage 30 minutes.

\$45.00

Aromatherapy Massage

\$75.00

A therapeutic massage which uses essential oils, blended to achieve a desired effect. Approximately 60 minutes.

Aromatherapy Massage 75 minutes.

\$85.00

Deep Tissue Massage

\$80.00

Intense massage concentrating on specific areas of the body - designed to give relief to aching and fatigued muscles. 60 minutes.

Deep Tissue Massage - Demi 30 minutes.

\$50.00

Swedish and Deep Tissue Massage *Approx 60 mins. \$80.00*

Approx 75 mins. \$95.00

This full body massage combines the relaxation of the Swedish massage with emphasis on specific areas in need of Deep Tissue Massage.

Hot Stone Massage *\$90.00*

A unique massage using harvested stones and an energy-balancing technique. This is not recommended for pregnant women or those with high blood pressure - a truly relaxing massage. Approximately 75 minutes.

Seated Massage *\$20.00 - \$40.00*

You will relax fully clothed in a special chair while receiving a 15 to 30 minute massage, designated to the back and shoulders. Approx. \$1.33 per minute.

Back Massage *\$60.00*

This will help to relieve stress from neck, shoulders, back and lower back. Approximately 45 minutes.

To ensure you enjoy your massage, please tell your therapist what areas to focus on and any areas to avoid. For an additional charge, Deep Tissue techniques can be added to any massage.

Foot Reflexology *\$35.00*

This will increase circulation and help to achieve a feeling of total well-being by stimulating pressure points on the feet. Approximately 30 minutes.

Organic Hair Removal *Prices begin at*

(Waxing)

Lip or Chin *\$12.00*

Brows *\$17.00*

Tweezing *\$25.00*

For those unable to receive waxing services, we will tweeze your brows to a perfect shape.

Full Face *\$60.00*

Hair line, cheek, chin, lip and brow.

Defepil Treatment *\$15.00*

This treatment, when added to any waxing service, leaves the skin smooth and soft and helps to slow down hair growth. It is especially effective for sensitive skin.

Underarm *\$25.00*

Bikini *\$30.00*

Lower Leg *\$40.00*

Upper Leg *\$40.00*

Upper Leg w/ Bikini *\$65.00*

Full Leg *\$71.00*

Full Leg w/ Bikini *\$92.00*

Arms (full) *\$35.00*

Upper Arm *\$20.00*

Forearm *\$20.00*

Gentlemen's Back or Chest *\$55.00*

Brazilian *\$75.00*

It is important to advise us if you are using Retin A, Glycolic Acids, Acutane or any other medication.

Lash & Brow Tinting

European tinting darkens eyelashes and eyebrows with a natural appearance. The effects last approximately four to six weeks.

Lashes *\$22.00*

Brows *\$22.00*